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A Message from Your President

I'm delighted to welcome you back for another fantastic year -- I hope everyone enjoyed the summer break and is looking forward to cooler weather. We left behind us a milestone in the club's 37-year history, as we were granted our 501c(3) status. This in-



troduced a pivotal change for the women's club, and we embraced it and adopted different strategies to position ourselves for future successes. Last year, we far-exceeded our goals; great things happen when we work together.

"Change" has been the general tenor of all my communications. I find "change" to be exciting, as it represents progress and "thinking outside the box". I once read that, "Change can teach us to adapt and help us develop resilience, but only if we understand our own capacity for growth and learning." There's a lot of power and truth in that statement; I hope you'll join me this year in paving the path of transformation for the club's future successes.

Over the summer, the leadership team was busy shaping this year's plans. We tried something different and reached out through surveys to elicit your thoughts and feedback on some subjects to help us finalize our budget and planning. Your feedback was enlightening and vital to the final decision-making and helped us to maintain a balance among our cross-generational membership. As a special "thank you" for participating in the surveys, we'd like to congratulate the following winners of the free lunch drawings: Luncheon Survey Winner: Judith Snyder Directory Survey Winner: Kay Stegemann

Another year of opportunity is in front of us. I encourage each of you to continue being involved, bringing your new ideas and energy to the club's endeavors. Next, a glimpse of what's on the horizon...

President's Message—Continued

Monthly Meeting Luncheon & Programs

Pat Crawley and Elizabeth Gannon are bringing to you some dynamic luncheon programs/ entertainment and have also worked closely with Citrus Hills management to negotiate different food choices. Our first meeting will take place on <u>Wednesday, September 13</u>, featuring Denise H. Pasquale, Ph.D. presenting "Effective Communication Among Different Generations". Sounds like an fascinating start to the year!

Fundraiser Events Line-Up

Jan Rudin and Elizabeth D'Andrea once again have cooked up a super line-up of charitable events for this year. A batch of "new" and "oldies but goodies" are among the coming events. Several women are already busily planning for the early fundraisers; I am amazed by what they've accomplished already! *Please consider volunteering to assist with these fun events - make friends and have fun!*

Community and Charity Outreach

Judy Stone organized this year's first CHWC donation drive-through in August. Advertised well in advance, this was a very successful drive-through. Judy and Sheri Chancy will work together this year to coordinate additional drive-through events and plan for other charitable activities. There are many opportunities available to volunteer your time; contact Judy or Sheri to see what your can do.

Activities

What on earth does Mary have up her sleeve this year? If you know Mary Stansfield - she doesn't disappoint! She came through last year with a plethora of fun and new ideas and I anticipate that this year will be more of the same. More on activities further in this newsletter. *Please see Mary if you'd like to volunteer to lead an activity!*

Membership

Dawn Holley and Debby Blackie reviewed the results of the directory survey and devised a plan to meet the needs of our membership. Membership information <u>will not</u> be published on our website. Only club-related information (same as last year) will be available on our website so we can keep information fresh and up-to-date.

We plan to take a dual distribution approach for this year's member directory: 1) provide printed books (<u>upon request</u>) for members needing a paper copy and, 2) email the most current member directory monthly to our members.

Members Requesting a Paper Copy: Paper copies will be printed (*upon request*) once per year. Printed copies of the directory will be available starting October. If you wish to receive a paper copy, please email Debby Blackie at <u>dmblackie@yahoo.com</u> by September 29th to reserve a printed version. Please type in the header of the email CHWC printed copy and your name to help ensure no emails are lost.

We've accomplished a lot over these summer months! I look forward to seeing all of you on September 13th when we re-unite and start writing the next chapter.

Hugs, Cheryl

"Change is the law of life, and those who look only to the past or present are certain to miss the future." JFK

HIGHLIGHTS OF OUR MEMBERSHIP



ALERT- PLEASE READ—IMPORTANT!! LUNCHEON DONATIONS

At the September luncheon, you will be able to drive your donations up to the door. Hospitality workers will take your items and distribute them to the appropriate place.

Scholarship Committee September Update

Welcome to our new members! And welcome back to our CHWC loyal membership who made such an important contribution to last year's scholarship success.

Starting at the September luncheon, we'll once again start our ticket sales. Just \$10 a ticket and your name will be entered into the monthly drawings beginning in January through May for a \$100 cash prize! Last year CHWC awarded almost \$30,000 In scholarships to local high school graduates, and CCF and WTC continuing education recipients! We hope to exceed that amount this year, and of course YOU all are the reason we can do this.

Please stop by our table each month, say hello, and enter the drawing! Your support means the success of our future Citrus County superstars!

Marcia Schenker Nanette Mitchell Scholarship Committee Co-Chairs



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Speaker for September Luncheon

Effective Communication Among Different Generations

Today's society is experiencing an increase in multi-



generational family members under one roof and growth in communities with a mix of working individuals and retirees. In fact, this is the first time in history where potentially five different generations are living and working together. Within this dy-

namic change, **each generation brings their own set of communication nuances and styles**, which can lead to misunderstanding, disagreement, and even conflict within families and circles of friends.

Denise H. Pasquale, Ph.D., Assistant Professor of Communications at the College of Central Florida will guide us through these unique communication styles and discuss ways in which we can adapt and improve our own communication skills to help build stronger relationships.



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CHWC Luncheon Survey

We extend our sincerest gratitude to members who took time from their busy schedules to complete the CHWC Lunch-

eon Survey. We are pleased to report that 154 members promptly completed the survey for leadership review. We want you to know that we value the information received as it truly does help to determine what we are doing well and what we need to improve in order for your luncheon experience to be the best it can be.

There was a great deal of feedback from survey responses and we wanted to reach back out to inform you of various areas we will address over the course of the 2023-2024 club calendar. If you see something in our overview and would like to know more about that topic, please feel free to contact Pat Crawley or Elizabeth Gannon. In addition, we continue to welcome speaker/ entertainment suggestions.

Seating Arrangements: We have found that nearly 70% of CHWC members request to sit with friends when making their luncheon reservations. In fact, 93.5% of survey respondents indicated that social engagement is a priority. Several respondents indicated that they joined the club to meet new neighbors and that they find the seating arrangements to be pre-arranged, which defeats their purpose of finding new friends.

We will continue to allow members to fill tables with friends, however, we will also make every attempt to place single reservations at a table where there are open seats. Also, new members attending their first luncheon will be seated together with one or two CHWC Board members to facilitate a meet and greet.

In addition, seating assignments are tracked and we make every effort to avoid repeating a table assignment. We will continue the practice of rotating seating throughout the room. If you require special seating, please let us know in advance and we will accommodate your needs.

- **Meal Options:** The majority of respondents indicated a need for change concerning menu options and quality of food. We understand your concerns and have made adjustments to food options, beginning in September, within the club's budget and also available through the Grille's catering menu. For example, we plan to offer more "Lite Fare" menu options such as a sandwich with salad/soup. In addition, we are sharing survey results with Grille management and will work very hard to make bigger changes for the January through May 2024 meetings.
- **Speakers:** We received a variety of preferences for monthly speakers/entertainment. There was not one area that stood out from the others. One thing is clear and that is we will work hard to ensure that we have dynamic topics along with strong and entertaining speakers. We will also work, hard within our budget, to secure speakers in the areas of Travel; Citrus County Natural Resources/ Parks; and Health/Fitness. We continue to welcome member ideas and contributions to this process. We know that we have many accomplished and educated neighbors within our reach and we need members to help share their talents and stories!
- **Luncheon Timeframe:** We consistently look for ways to balance the business portion of meetings with socialization. This year, we plan to utilize the club's projector to display meeting information, and will refine this approach as we move forward. We will continue to include key club information in the monthly newsletter and any critical business that must be addressed with all members.



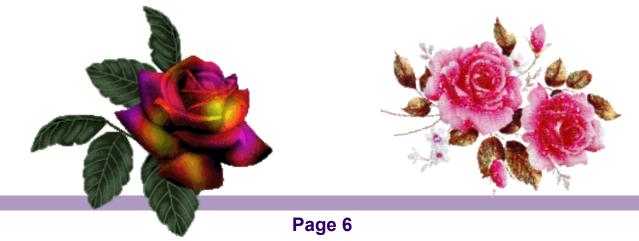


Share the Wealth is a part of Member Support. Many thanks go to Kay Stegemann, last year's leader of Share the Wealth. Kay is taking a much-deserved break as she has spent many years helping and leading Share the Wealth, which is an important fund-raising part of our club. We wish to welcome Alene Bosquet and Judi Snyder, the new co-leaders of Share the Wealth. They will be assisted this year by several of our members.

This summer cards were sent to: Mike Ballou (Diane), Elizabeth D'Andrea, Diane Ballou, Judy Margulies, Brad Bosquet (Alene) and Ann Hoy.

A sympathy card was sent to **Mary Pike in memory of her husband, Ed**. A memorial donation was made to the Citrus County Library in his name. A sympathy card was sent to **Rosann Whiteman in memory of her husband, Bill.** A donation was made in his **memory to Carter School**. **Also, a donation was made in memory of Lois Foley to HPH Hospice, Lecanto.**

If you know of someone who needs a **bit of sunshine whether it be a card or a call,** please contact: **Marcia Porterfield** at (734) 223-2026 or **porterfield1921@gmail.com** or **Pam Brink** at (352) 513-4120 or **pambrink49@gmail.com**.



CHWC Membership Committee News



We are pleased to announce that we currently have **310 members**, which includes 6 new members that have joined since June. Please welcome:

Linda Roof, Tammy Wydick, Sarah Willoughby, Melody Huisinga, Valerie Flynn and Nancy Miles.

Welcome to the CHWC. We hope that you will participate in the many activities and events that the club provides, and we look forward to meeting you at a future luncheon.

We will not be publishing the member directory to the website this year. Instead, we're using a dual distribution approach:



1) Provide printed books (upon request) for members needing a paper copy. Members Requesting a Paper Copy: Paper copies will be printed (upon request) once per year. Printed copies of the directory will be available starting October. If you wish to receive a paper copy, please email Debby Blackie at dmblackie@yahoo.com by September 29th to reserve a printed version. Please type in the subject line of the email CHWC printed copy and your name to help ensure no emails are lost.



2) Email the most current member directory monthly to our members.

Please stop by the membership table to introduce yourself. If you have any questions, please feel free to contact either Debby Blackie or Dawn Holley.

Dawn Holley and Debby Blackie Membership Co-Chairs



HIGHLIGHTS OF OUR MEMBERSHIP

CHWC September 2023 Newsletter



Name: Dr. Delphina Hopkins - Gillespie

Member Since 2022

State: South Carolina

Birth Month: December

Introducing Dr. Delphina Hopkins-Gillispie

Dr. Delphina Hopkins-Gillispie, known as Del, has been a member of the Citrus Hills community since December 2021 and she joined the Citrus Hills Women's Club in May 2022. Originally from Greenville, South Carolina, Dr. Hopkins-Gillispie embarked on a remarkable educational journey in the field of sciences. She holds a bachelor's degree in biology from Berea College and a Master of Science degree in Biological Sciences/ Microbiology from the University of Kentucky/Eastern Kentucky University. Driven by an unwavering fascination with the mysteries of life, she began her career as a microbiolog-



ical analyst and lab coordinator at the USDA Forest Service before focusing her research on neonatal-perinatal medicine at the University of Kentucky Medical Center.

Dr. Hopkins-Gillispie's deep-rooted passion for working with young adults and education led her down a different path. In 1994, she obtained a **teaching license in secondary science education and subsequently earned her Ph.D. in curriculum and instruction from Purdue University.** Throughout her career, she conducted research in the sciences and education, published numerous articles, and spent many rewarding years as a professor. Dr. Hopkins-Gillispie specialized in **teaching human anatomy and physiology to nursing and pre-medical students**. At Valparaiso University, she held several leadership positions, including directorship of the Teacher Licensure Program, the Woodrow Wilson Teaching Fellowship Program, and the Mathematics, Science, Engineering, and Education (MSEED) Program.

Del's dedication to social justice and her commitment to promoting multiculturalism and diversity have earned her significant recognition. She received the Dr. Martin Luther King, Jr. Award in 2011, the Diversity Award in 2013, and the I -ATE (Indiana Association of Teacher Education) Award in 2016, highlighting her profound impact in these areas. Additionally, she co-founded the Peace and Justice Symposium, at Valparaiso University, a platform that fosters dialogue and drives positive change. Dr. Hopkins-Gillispie takes considerable pride in the Study Buddy Tutoring & Mentoring Program she initiated, as well as her work with homeless families in Northwest Indiana communities and her collaborations with students, teachers, and administrators in Gary, Indiana, community schools and surrounding areas.

Among the numerous highlights of her career, Dr. Hopkins-Gillispie's receipt of a \$500,000 NSF (National Science Foundation) grant, alongside two colleagues, stands out. This grant was dedicated to addressing the critical shortage of mathematics and science teachers, a pressing need within the field. After retiring as a tenured Professor in Biology and Education from Valparaiso University in 2016, she left behind an enduring legacy.

Outside of her professional pursuits, Del treasures her 48-year marriage to her husband, Charley, and their two lovely children. In December 2021, they made the decision to relocate to Citrus County, fully immersing themselves in the community's vibrant tapestry. Embracing the art of cooking, with a particular passion for baking, they have delighted their relatives and friends with delectable home-baked cakes, banana pudding, peach cobblers, and other delicious desserts. Within Citrus Hills, Del serves as the President of the Citrus Hills Garden Club and actively participates in several other community groups. **She has also assumed the role of chair for the 2024 Citrus Hills Women's Club Fashion Show.**

An intriguing facet of Dr. Hopkins-Gillispie's life is her love for adventure. Having experienced **the thrill of zip-lining in five different countries**, she finds solace and a sense of liberation amidst the enchanting fauna and flora of rainforests.

Dr. Hopkins-Gillispie envisions a **world devoid of prejudice**, **injustices**, **poverty**, **and hunger**. Her ardent desire is for all individuals to coexist harmoniously, and she eagerly looks forward to continuing her dedicated work toward realizing this vision.



CHWC September 2023 Newsletter

2023-2024 FUNDRAISERS

MORE DETAILS & ADDITIONAL EVENTS COMING – STAY TUNED!!

Oct 26,2023 Come join the CHWC Year of the Rabbit Fall Mah Jong Tournament for a day of Mah Jong, companionship, and fun!! You may register your table of four or we can help you build a table. Please contact Andrea or Lynda if you want to help with this fun event! Chairs Andrea Pastorello 305-202-1347 and Lynda Gentz 414-217-8128

Get your team together and join us on the Oaks Nov 3, 2023 golf course for the Fall Black and White Classic 9hole Golf Tournament. If you need help putting a team together – let us know. We have never had a CHWC tournament on Oaks - come on out and enjoy the event!! Any questions? Contact Chair Barbara Beck 973-722-4124.





CHWC Marketplace will be the place to shop for delightful bakery items, pasta, jams & jellies, breads, all crafts, holiday, hand made items, treasures, and this-and-that. This is always a member favorite: turkey and all the fix'ns! We are looking for your handmade craft and food items to sell and auction. Please contact to donate your wonderful treasures. Chair: (Craft) Myrta Keelan 231-499-5616 and (Food) Diane Trowbridge 703-851-0946.

Jan 27, 2024



The Winter Dinner Dance will feature great music that will get everyone dancing. Come join us for an evening of music and fun! More information soon! WANTED: Co-Chair & committee members for this event – Please call Elizabeth D'Andrea 540-273-6183.

All profits will benefit the CHWC charities and scholarships. Page 9

2023-2024 FUNDRAISERS MORE DETAILS COMING - STAY TUNED!!

Feb 14, 2024 Luncheon



Mark your calendars for the most anticipated luncheon of the year - the **CHWC Fashion Show!** This will be an exciting afternoon of style, elegance, and camaraderie as we showcase Wisteria's stunning new spring fashion line-up. Prepare to be inspired as our very own talented Citrus Hills Women's Club members take center stage as models. This will be a delightful display of fashion trends that will leave you eager to revamp your wardrobe. Chairs: Del Gillispie 219-730-0871, Debby Blackie 219-871-9561 & Myrta Keelan 231-499-5616. Ticket Sales will begin at the November Luncheon.



Celebrate the return of Spring to Citrus at the Blooming Bunco Bash. Bunco is easy to learn, and players (first timers, newbies, and lovers of the game) will toss the dice at the Beverly Hills Lions Club. Ticket sales open at the January luncheon. Chairs: Mary Lou Kosty 978-590-3630 & Sharon Davis 408-390-9527.

March 22, 2024



Plan to compete in the CHWC Dragons Roar Spring Mahjong Tournament. 2024 is the Year of the Dragon - More details will be announced in upcoming newsletters. WANTED: Two Co-Chairs & committee members for this event – Please call Elizabeth D'Andrea 540-273-6183.

April 12, 2024



Plan to join us for the CHWC Spring Golf Tournament. This will be an 18-hole tournament on the Oaks Golf Course with ladies' teams and mixed teams' prizes. Get together 4 golfers (ladies/gents) or we can help you put together a team. More details will be announced in upcoming newsletters. WANTED: Two Co-Chairs & committee members for this event – Please call Elizabeth D'Andrea 540-273-6183.

All profits will benefit the CHWC charities and scholarships.

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Year of the Rabbit Mah Jong Tournament Cash Prizes for Top Winners plus Surprises!! Thursday, October 26, 2023 9:30 am - 3:30 pm Hampton Room, Citrus Hills Golf & Country Club Deadline for Registration is October 12, 2023 Citrus Hills Women's Club sponsors this Fundraising Event to support our local charities and scholarships. CHWC is a 501(c)(3) nonprofit organization which is devoted to making a difference in the community.

Sign-in is 8:30—9:15. Donations for your tickets to take a chance on gift baskets and Share the Wealth Raffle. Begins at 9:30 sharp!

Please complete the form below. There are three ways to register: Place the form with your check (NO CASH) made payable to CHWC in the CHWC Drop Box at the Citrus Hills Pro Shop, bring it to the CHWC luncheon, or mail it to: Andrea Pastorello, 34 W. Doerr Path, Hernando, FL 34442. The registrations will not be completed until payment is received.

Cost \$35 per player which includes lunch of tomato bisque soup, croissant with ½ chicken salad and ½ tuna salad. Coffee, tea and iced tea served with lunch and during play. A cash wine bar will be open 11:30 AM – 1:45 PM.

If you or someone at your table has special dietary needs, please contact Andrea at apasterello@comcast.net.

All skill levels are welcome – beginners, intermediate and advanced. Invite your neighbors and friends to join us for this wonderful and fun event. Sign up as a team of four or we can make a team for you. Please include an email for ONE designated person to receive any additional information if needed.

Enclose all checks with ONE registration form per team/individual.

Players Name	Phone #	Check #	Date	Can You Bring a Card Table? (yes or no)
1.				
Designated E-mail Address	G			
2.				
3.				
4.	2.			

Hurry up and get your foursome together for the CHWC Fall Black



and White Golf Classic at the Citrus Hills Golf Country Club on Friday, November 3, 2023. We will be playing The Oaks Golf Course!

This event raises money to support our Club's philanthropic efforts for designated local charities and scholarships for local high school seniors and students at Withlacoochee Technical College and Central Florida College.

Barbara Beck, Chairperson, and her industrious committee have been hard at work getting this exciting day ready for you. If you are interested in Sponsoring a Hole (\$100) or assisting in obtaining a Sponsorship, please contact Barbara at: <u>beckbar-bara1361@gmail.com</u>.

The registration cost of **\$60 per person**, which includes greens fees, carts, mulligans, free putts, a breakfast-to-go bag and a sit-down luncheon in the Citrus Hills Hampton Room. **Each team will be handicapped** so you can form and register your own foursome. We may be able to help if you need to find an additional player/players.

Day of play **sign-in begins at 7:45 a.m**. at the **Windsor Room at Citrus Hills**, where participants will receive their breakfast bags and hole assignments. **Golfers can purchase chances on a variety of themed gift baskets and very exciting Silent Auction items.** Baskets will be raffled off following lunch. Our "Share the Wealth" raffle gives golfers the opportunity to win some always appreciated cash. There are additional prizes for some lucky golf teams as well as a special gift for every participant.

Take this opportunity for a fun filled day of golf with your friends and support the needs of our wonderful Citrus County community. **Numbers are limited.**

Please apply as soon as possible. **Deadline for registration is Friday**, **October 13, 2023.**

Please complete the **application on the next page** and place it in the CHWC box at the Pro Shop.



"CHWC FALL BLACK AND WHITE GOLF CLASSIC"

Citrus Hills Women's Club 9-Hole Scramble and Fundraiser

Friday, November 3, 2023

Shotgun Start at 9:00 AM

The Oaks Course at

Citrus Hills Golf and Country Club

Sign in from 7:45 – 8:30 in the Windsor Room. Pick up your breakfast bag, purchase your tickets for multiple gift baskets and Share the Wealth Raffle. Silent Auction items will be on display. Please complete the form below, place it with your check (NO CASH) made payable to CHWC in the CHWC Drop Box at the Pro Shop or mail to:

Diane Edwards - 4195 N. Monadnock Rd., Hernando, Fl. 34442 860-424-2330

Cost \$60.00 per player, which includes Golf fees, Breakfast Bag, full lunch with dessert, mulligans and putts, games and prizes.

Menu: Soup and Chicken Salad Sandwich on a Croissant; Chocolate Cake for dessert.

Sign up as a foursome or we can make foursomes if needed. Please include an email for ONE designated person to receive any additional information. If possible, indicate which people are riding together. Enclose checks with ONE form per foursome. PLEASE MAKE SURE YOUR NAME IS ON YOUR GOLF BAG!

Players Name	Phone#	9 Hole Handicap	Using own Cart?	Gluten Free Meal?
1.				
Designated E-Mail				
2.		0	04	0
3.				
4.				

CHWC is a 501(c)(3) nonprofit organization which is devoted to making a difference in the community.





Charity and Community Helps People

CHWC had a **very successful drive through on August 16th**. Items were collected for The Family Resource Center, CASA. Pet Meals received **Seniors' Pets 284 Ibs. of dog food and 140 Ibs. of cat food**. On the morning of August 16^{th,} the Family Resource Center's pantry was empty. After the drive through the pantry was completely stocked. **Hats off to all members and residents who contributed non-perishable food for needy Citrus County people.**

Thank you to Karen Settle and Jackie Huband for supervising the event. Ten members helped with this event. The next drive through is November 15th from 9:30-11 at Good Shepherd Lutheran Church.

The September luncheon donations will feature school supplies for Carter St. Head Start School. **The following items are needed:**

- Crayons
- Construction paper
- Preschool scissors
- Liquid glue (no glue sticks)
- Whiteboard markers
- Washable markers
- Paint brushes
- Watercolors

At the October luncheon, forms will be available on the tables for our Christmas Adopt-a-Child. This program has had long-standing support from CHWC. Members may adopt a child supporting the program through purchasing gifts for that child or buying items to be given out by the Family Resource Center. Later in the fall there will be an opportunity to help wrap gifts. In the past CHWC has adopted over 200 children with the Resource Center providing Christmas gifts to over 2000 local children. Debby Blackie is chairing this program.

Charity and Community is forming a committee of members interested in the agencies we support. The committee would meet 3-5 times a year. If you would like to be considered for this group, please contact Judy Stone at jbstone716@gmail.com.





Their Pets Need You—Help Pets in Need

Pets are often the only consistent companion many seniors have and are often considered part of the family. Seniors would rather go hungry themselves than not feed their pet. Pet Meals is supplemental to Meals on Wheels. Pet food is not guaranteed, and seniors rely on the generosity of the community.

By donating monthly to the CHWC Paw Pantry program, we can make a difference in the lives of over 100 seniors with pets. We collected a total of 2,008 pounds of dog and cat food in 2022—2023. Starting off good with 424 lbs. so far in August.

For more Information contact: Karen Settle 708-205-7037 if you want food delivered directly to Karen's home.





CHWC Paw Pantry Needs:

Unopened dry or canned dog food Unopened dry or canned cat food Dog or Cat Treats and Kitty Litter Watch for BOGOS at Publix's Pet aisle/ any brand or size. Please bring to drive-thrus and fall luncheons.





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August 16th Drive Thru Charity Event





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What's in store for Activities in 2023-24?

A continued push to bring activities and trips that will enable members to get to know each other better and make new acquaintances who might become friends. As the survey results indicate, members love having lunch with their friends. What we sometimes fail to consider is that there are many women who don't have a "table" of friends. Or there is a movie/craft/restaurant (you fill in your blank) that you can't find someone to teach you or go with you. Maybe it's just a desire to "do" something different or meet someone who shares a passion you have without making a commitment. Last year I started "Let's Try It Out" to begin to fill that need....selfishly because there were things, I wanted to do but no one to play with. The result was meeting so many more women with interesting stories; the opportunity to try things in a "safe" environment (think making fascinators for example); and go to interesting places.

So, what is Activities doing to make this happen?

It starts with creating and supporting smaller, more focused activities driven by the desires of members and the needs of the Club. These are the "clubs within the club". They meet on a regular basis. Here's a list of what's currently available:

- Book Club
- Mah Jongg classes (beginners as well as a more advanced workshop)
- Meet Me at the Movies
- Lunch Bunch
- Cardmaking
- Bunco Happy Hour

Each will be spotlighted in coming newsletters starting with the Lunch Bunch in this issue. Sign-ups and more information about these groups will be available at the September luncheon.

Are you having any of the "one and done" activities?

The quick answer is "Yes". Plans are afoot to tour some iconic Florida sites. Mary Pike will be leading a mindfulness and meditation workshop. Elizabeth Gannon plans to introduce us to polo. Myrta Keelan will be helping to organize a series of holiday workshops to help you decorate and entertain. We'll be making items for Carter School under the guidance of Judy Stone. Mickey Johnston has us booked for another golf scramble at Black Diamond in November. The list grows as members step forward to help organize activities.

But what about the bus trips?

Last year was a challenging one for bus trips. For almost every trip we stepped down to a 36passenger bus (versus the 56 passenger one). Publix has discontinued its Aprons cooking classes. Only two bus trips are in the planning stages at this point: a trip to Winter Park in early December and a trip to the Kennedy Space Center.

What's the take-away?

There are several things in the planning stages. Those that will happen are those that someone (s) has let me know that she will assist with planning/executing. None of this is difficult, costs you money, or causes too much stress. It does take time....although generally much less that you'd expect. If you'd like to "Try It Out", please contact me at the luncheon, by phone or email.

Stay tuned...... Contact Mary Stansfield for information or interested in leading an event. mstansfield60@gmail.com

CHWC Lunch Bunch

Do you feel overwhelmed at the monthly luncheons? Hard to make new friends among the crowd? **Then the CHWC Lunch Bunch could be your answer!**

Members meet on the first Wednesday of the month, October through May, at a local restaurant for a casual lunch. With an average gathering of 8-12 members, you can really get to know one another. "As a new member of CHWC (2022-23), I have only been to one of the Lunch Bunch gatherings. I found it to be a great way to meet new friends and enjoy lunch together," stated Fran Bernat.

CHWC Members can join anytime throughout the year to receive notice of the luncheons with instructions about how to reserve a spot. At times there may be limits to the number of reservations that can be taken due to restaurant size.

Each month one member volunteers to be hostess. As hostess she selects the restaurant. Choices vary from local institutions to the newly discovered. Past choices have ranged from **Waterfront Social to World Fusion**. Attendees pay for their own meal; there is no other cost or "dues". There is no obligation to attend a certain number of lunches.

"I love this group because we get to discover local places that I've never gone



to, sometimes ones I've never heard of. Also, it's an opportunity to meet some great ladies," Clare Fennessy, Lunch Bunch member and CHWC member since 2018.

For more information, or to be included on the Lunch Bunch Invitation List, contact **Diane Trowbridge at 703-851-0946** or **trobrg@aol.com**. You also can sign up at the monthly CHWC luncheon at the Activities Table.



WHAT'S ON TAP FOR FUN ACTIVITIES - PAST AND PRESENT

The next steps in learning and enjoying Mah Jong

MAHJONG

Saturday October 7 2023 10:30 am - noon

Where: Deborah's home in Brentwood

- Learn how to Analyze the Card to improve your game
- Strategies for the Charleston
- Hints for enjoying the CHWC Mah Jong Tournaments



Maximum 12 attendees

Contact Deborah St.Martin taxlady518@gmail.com



Citrus Hills Women's Club- September Luncheon Welcome Back! September 13, 2023 Denise H. Pasquale, Ph.D., Assistant Professor of Communications at the College of Central Florida 'Effective Communication Among Different Generations Citrus Hills Golf & Country Club, Hampton Room



- Luncheon Cost: \$23.00 Members, \$25.00 Guests
- Price Includes: rolls, coffee or tea, and gratuity.
- RESERVATION DEADLINE IS MONDAY, September 4, 2023
 - Your Registration is not final until your check is received No refunds after the deadline.
 - Make checks payable to CHWC: Deposit form & check in the CHWC box at the CHG&CC Pro Shop OR:
 - Mail to: Pat Crawley, 956 W Skyview Landings Dr., Hernando, FL. 34442 (Questions? Call Pat 484-919-1499)
- Please indicate group or individual table seating requests, and special needs requests* on form.

Menu choices:

- A. Baked Stuffed Chicken w/mashed potatoes and side salad.
- B. Meatball sandwich with minestrone soup
- C. CHWC salad with or without chicken and minestrone soup

Desert: D. Vanilla ice cream w/ Melba sauce E. Fruit Cup

Na	me	Menu Choice	Desert Choice	Check #	New Member?
1. Mor G		11		ti	Y/N
2. Mor G					Y/N
3. M or G					Y/N
					Y/N
					Y/N
					Y/N
7. Mor G					Y/N
3. M or G					Y/N
					Y/N
					Y/N
Sent by:		Phone:	Amount En	closed:	
		pecial needs seating, ple look forward to seeing y		below. Prefe	rred seating cannot b
*Special Nee	ds Request				

CHWC Se	ptember 2023	Newsletter

COMPANIONSHIP	CHARITY	COMMUNITY
	MEN'S CLUB, INC. MEMBER nual Membership Dues: \$30	RSHIP FORM
Membership in the CHWC is open to won year is June 1 – May 31. NEW MEMBERS following year. Memberships will be acc	joining after March 1 shall be memb	pers through May 31 of the
Type of Membership: New	Renewal Ck #	Date Pd
DIRECTOR	Y INFORMATION (Please PRINT legib	bly)
The CHWC Membership Directory w DO NOT want your informatio	ill now be password protected and p n posted to our website, please initi	
NAME:	SPOUSE:	
STREET:	сіту:	ZIP:
LANDLINE:	CELL PHONE:	
EMAIL:		
Would you be interested in serving on the	e Citrus Hills Women's Club Board:	YesNo
Would you be interested in serving on one of the committees?		Yes No
Is there anything you are interested in Vo	olunteering for? i.e., Fundraising, Ou	treach, Activities, Scholarships
Do you have specialized skills to contribu	te? i.e. Excel, word, web technology,	publicity, finance

Check our Website for many volunteering opportunities: www.citrushillswomensclub.org

Our Club was established in 1986 and is dedicated to charitable efforts throughout Citrus County and to educational programs. Members work together in a spirit of friendship for the betterment of the community and to help each other. CHWC is a 501(c)(3) organization.

Please make your check payable to CHWC for \$30 and place it along with this form in an envelope marked "MEMBERSHIP" and either:

- 1. Place in the CHWC box located in the Citrus Hills Pro Shop OR
- 2. Mail to: Dawn Holley, 955 N. Hunt Club Drive, Hernando, FL 34442

For questions regarding membership, you may contact Dawn Holley at <u>dholley76@gmail.com</u> or Debby Blackie at <u>dmblackie@yahoo.com</u>.